

Termly Long-Term Overview PE

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Movement (Walking)	Dance	Ball skills (Hands)	Ball skills (feet)	Gymnastics Locomotion (Jumping)	Games
Year 1	Locomotion (Running) Health and Wellbeing	Dance Ball skills (Hands)	Ball skills (Feet) Dance	Ball skills (Hands 2) Locomotion (Jumping)	Gymnastics Ball skills (Rackets, bats and balls)	Games Team building
Year 2	Locomotion (Dodging) Health and Wellbeing	Dance Ball skills (Hands)	Ball skills (Feet) Dance	Ball skills (Hands 2) Locomotion (Jumping)	Gymnastics Ball skills (Rackets, bats and balls)	Games Team building
Year 3	Football Mindfulness	Netball Communication & Tactics	Basketball Gymnastics	Dance Tennis	Cricket Dance	Athletics Rounders
Year 4	Football Mindfulness	Netball Problem Solving	Gymnastics Bridges Basketball	Dance Hockey	Tennis Dance	Athletics Cricket
Year 5	Football Health Related Exercise	Netball Tag Rugby	Gymnastics Orienteering	Tennis Dodgeball	Dance Hockey	Athletics Rounders
Year 6	Football Health Related Exercise	Netball Tag Rugby	Gymnastics Leadership	Dance Health Related Exercise	Badminton Dodgeball	Athletics Cricket