



How to Stay Safe and Happy in School



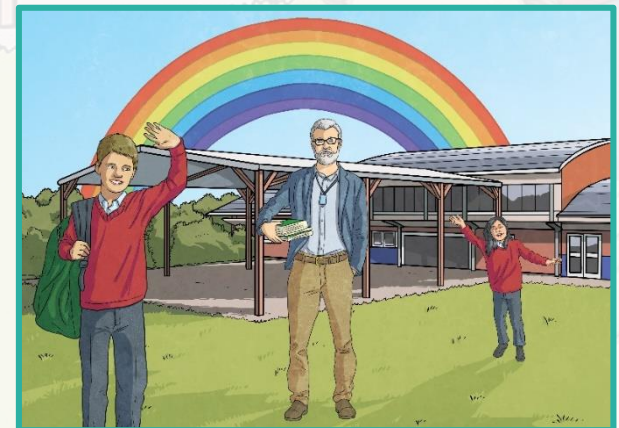
Welcome Back to School!

Since March, schools across the world have been closed to keep children and staff safe from coronavirus.

Children have been doing their schoolwork with their parents/carers at home. We have also been away from school because of the summer holidays.

Now the government says it is safe for children to return to school to do their schoolwork with staff and their friends.

Our friends, teachers and other staff will be looking forward to seeing us in school again.



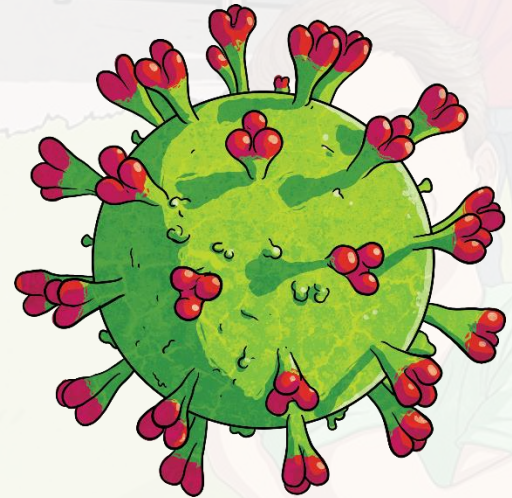
How Can We Stay Safe at School from Coronavirus?

It is very important we all continue to try to stay safe from coronavirus.

When someone with coronavirus coughs or sneezes, the virus can get into the air and on to surfaces beside them. If other people touch these surfaces, the virus can get on their hands. When they touch their face with their hands or eat without washing their hands, the virus can get inside their body and make them unwell.

If a person is close to someone with coronavirus who coughs or sneezes, they could breathe in the virus.

We can stay safe from coronavirus by socially distancing, staying home when someone is ill and washing our hands.



Social Distancing at School

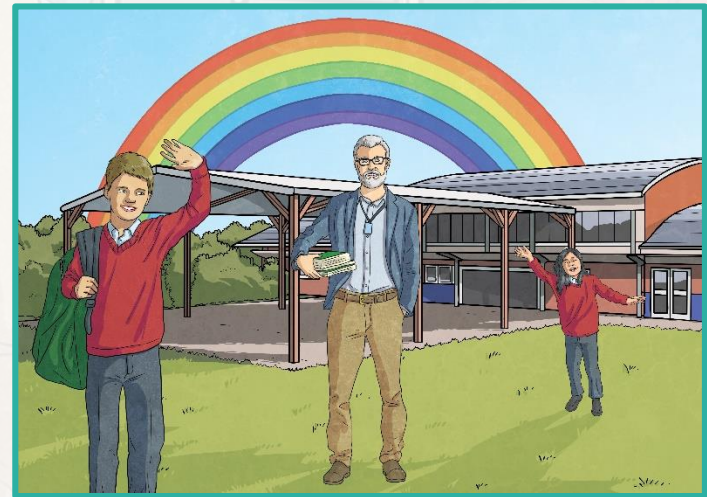
Social distancing at school means everyone will need to have more space around them than they used to. This means some things will change this September.

Not all classes in school will go out to play or have lunch at the same time and this is OK. Parents and carers will say goodbye away from the school doors. These changes are to keep us safe at school.

Everyone finds change hard, but teachers and other staff will be there to help us.

Going back to school will be fun.

Teachers will help us to follow the rules while we are in school, to keep us happy and safe while we are learning with our friends.



Keeping Safe by washing our hands

We can keep safe from coronavirus by washing our hands with soap for 20 seconds. This will wash away germs from our hands and stop us from getting ill. We should wash our hands throughout the day to keep safe, especially before eating and after we have been to the toilet.

If we cough or sneeze, we should cover our nose and mouth with a tissue to catch any germs, then put the tissue in the bin. Then we should wash our hands for 20 seconds after.

Washing our hands will help to keep everyone safe and healthy.



Keeping Safe by avoiding crowds

We can also stay safe from coronavirus by avoiding crowds and stuffy indoor spaces.

We won't be having full school assemblies as too many children would be too close together. We will have small class assemblies instead.

We might be going outside to learn, and will open all of the windows to try to get more fresh air into the classrooms.

In school, we should step aside to give others space when they need to pass us and remember to stay in our bubbles as directed by teachers or other members of staff.



Keeping Safe by behaving well

It will feel strange not to hug our friends when we have not seen each other for so long. However, to keep safe from coronavirus, we must be sensible and give each other space.

At playtime it is important to follow our school rules. Play fighting, spitting and being unkind is never allowed. At Raynville we play safely and fairly.

We can still have fun and play with our friends without getting too close. The teachers will give us advice about good games to try.

At Raynville everyone is important and should be respected. We can still have fun when we play.



Keeping Safe by keeping equipment clean

We can continue to stay safe from coronavirus by keeping our tables and the equipment we use clean.

We should listen to our teacher and make use of any cleaning station or equipment in our class to keep our environment clean.

We should remember not to share any equipment with our friends. Everything we touch should be clean so we can do our schoolwork and stay safe.



Keeping Safe by raising your hand to ask for help

It might be difficult at first, but we should also remember not to get up and walk to our teacher to ask for help.

We should raise our hand to ask for help or for equipment. This will help everyone stay socially distanced in class and safe.



Keeping Safe by self hugging

Sometimes we can feel sad at school if we hurt ourselves or if something happens to upset us. Some of the ways that we are normally comforted by a teacher or friend might not be possible, for now, due to social distancing.

We can self hug to make ourselves feel comforted and loved by simply wrapping our arms around ourselves in a big hug. This will keep everyone safe and help you feel happy.



Keep Safe and show kindness by smiling

We might also see a friend or classmate who is sad and want to comfort them. It is safer to avoid hugging other people at the moment. Instead show you care by smiling and asking if they are okay.

We can show kindness with a bright smile directly to someone who needs it. This smile will make someone feel happy and loved.

Everyone at Raynville really cares. The staff are here to look after us and keep us all safe.





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